

DEPARTMENT OF THE ARMY HEADQUARTERS, AREA II SUPPORT ACTIVITY UNIT #15333 APO AP 96205-5333

IMKO-AB-PL-LO

24 August 2005

AREA II COMMAND POLICY# 5-19

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Area II Youth Over-the-Counter Medicinal Purchases Containing Dextromethorphan (DXM)

1. References:

- a. Department of Defense Education Activity (DODEA) Regulation 2051.1, Disciplinary Rules and Procedures, 16 Aug 96.
 - b. USFK Regulation 60-1, Ration Control Policy-Access to Duty Free Goods, 07 Jun 04.
 - c. USFK Regulation 600-52, Civilian And/Or Family Member Misconduct, 11 Mar 99.
- d. Appendix A, National Clearinghouse for Alcohol and Drug Information (NCADI) Center, "Convenience-Store High: How Ordinary Cough Medicine is Being Abused for its Mind-Altering Effects", 12 June 01
- 2. <u>Purpose</u>: To establish and define enforcement mechanisms for community policy regarding purchasing of over-the-counter medicines containing Dextromethorphan (DXM) by youth in Area II. This policy is intended to compliment and support existing regulatory guidance regarding use and possession at school and current restrictions on the sale of medicines containing DXM to youth members of the community.
- 3. <u>Definitions</u>: For purposes of this command policy, "youth" refers to SOFA status dependents and their guests who are 17 years of age and under.
- a. Dextromethorphan is a semisynthetic narcotic related to opium and found in many over-the-counter cough suppressants in the United States and most countries. DXM is contained in any drug whose name includes "DM" or "Tuss."

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b. The drug comes in various forms. Most common are cough suppressants in caplet or liquid form, including *Robitussin*, *Vicks Formula 44*, *Drixoral*, *Delsym*, *Pertussin*, *Coricidin* and several generic brands.

4. Applicability:

- a. This policy applies to all youths within Area II.
- b. This policy compliments, but exists independent and in addition to the student drug and alcohol policy found in Department of Defense Education Activity (DODEA) Regulation 2051.1.
- c. Supplementation of this policy is not permitted without prior approval of the Area II Commander.

5. Policy:

Youths will not purchase over-the-counter cough medications on post.

6. General:

- a. Over-The-Counter Medications
 - 1) Youths will not purchase over-the-counter cough medications on post.
- 2) Administrative sanctions range from a Warning Letter, restriction, Community Service, Suspension of Ration Control Privileges, termination of government quarters to Debarment from all Area II Installations and/or early return to the United States prior to the parent's/sponsor's DEROS.

b. Primary responsibility

- 1) Primary responsibility for a youth's health belongs to the parents/sponsor. Youth who are ill or injured should remain at home, or, if necessary be taken to the hospital. They should not be sent to school with instructions to go to the school nurse. Youths who are ill cannot learn effectively, and they spread infection to other youths.
- 2) The DoDDS School Nurse provides medical assistance, services and first aid for youths who become ill or injured <u>during the school day</u>, coordinates care and medication for youths during the school day, and maintains medical and first aid supplies for the school. The DoDDS School Nurse does not dispense aspirin or other over-the-counter medications, or excuse students from participating in physical education. All prescription and non-prescription drugs must be kept by the nurse.

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7. Responsibilities:

- a. Commanders will ensure USFK Military personnel, the civilian components and family members comply with this command policy.
- b. Area II PMO enforces the provisions of this Command Policy, through the use of patrols, incident reports and/or other appropriate measures.
- c. Area II Commander The Area II Commander will enforce the provisions of this policy as the misconduct action authority for violations.
- d. The General Manager, Army and Air Force Exchange Service (AAFES); General Manager, Dragon Hill Lodge (DHL); and the Area II Provost Marshall (PM); or their designees will share responsibility for identifying violators of this policy in writing to the CO.
- e. Area II retail sales facility managers will report violations of this policy occurring in their facilities through their respective management chains and the Yongsan Military Police. Military Police will report violations observed in the course of performing law enforcement duties through the PM.

f. Area II Law and Order Officer -

- (1) Is the designated representative of the Area II Commander and has supervisory responsibility over the Area II Youth Over-the-Counter Medicinal Purchases Program.
 - (2) Is the Area II POC for this command policy.

8. Exceptions To Policy:

- a. Personnel requesting an exception to policy concerning this Command Policy must forward their request to the Area II Law and Order Office.
- b. Exceptions concerning this Command Policy will be authorized or approved for a one year period, unless specifically stated in writing by the Commander, Area II.
- c. Personnel requesting an exception to policy concerning this command policy must submit their request:

Commander, Area II Support Activity, ATTN: Law and Order Office, Unit #15333, APO AP 96205-5333

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RONALD C. STEPHENS COL, SC Commanding

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